

**KATHY BAILEY**  
**FALL/WINTER, 2017 CLASS SCHEDULE**

**(805)496-1529**  
**[www.dancingkathy.com](http://www.dancingkathy.com)**

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**MONDAY 11/6-11/27**

4 weeks for \$27

**2:15-3:10 p.m. Stretch, Tone & Balance** - *Get fit with elements of Yoga, Pilates and standing poses while working at your own pace. Bring a yoga mat and a pair of 1-3 lb hand weights.*

**3:15-4:10 p.m. Line Dancing I** - *Easy level dances taught, danced and reviewed.*

**4:15-5:10 p.m. Line Dancing II** - *Challenge yourself with intermediate level dances.*

**5:15-6:10 p.m. Cha Cha** - *A smooth ballroom dance loved for its Latin hip motion.*

*Location:* Goebel Adult Center, 1385 E. Janss Rd., Thousand Oaks (805)381-2744

**TUESDAY 11/7-11/28**

4 weeks for \$33

**7:15-8:30 p.m. Line Dance Party** - *The most fun you'll have with your boots on! Learn mixed level dances done to various genres of music. Beginners and intermediate dancers welcome.*

*Location:* Conejo Community Center, 1175 Hendrix Ave., Thousand Oaks (805)495-2163

**WEDNESDAY 11/8-11/29**

4 weeks for \$27

**1:15-2:10 p.m. Stretch, Tone & Balance** - *Get fit with elements of Yoga, Pilates and standing poses while working at your own pace. Bring a yoga mat and a pair of 2-3 lb hand weights.*

*Location:* Goebel Adult Center, 1385 E. Janss Rd., Thousand Oaks (805)381-2744

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Please register before the first class either online at [www.crpd.org](http://www.crpd.org) or at the class location.

4<sup>th</sup> Friday West Coast Swing Dance held at the Simi Senior Center, 3900 Avenida Simi (at Tapo St).  
7 p.m. beginning lesson (\$5), 8 p.m. open dancing (\$5). (\$1 off both for Dance Buddies with card).  
Kathy will play music for swing, ballroom and a touch of country two step. Next dance October 27.

Let's Dance Country Instructional DVDs make a great gift! For only \$15, you'll learn 15 line and partner dances. See Kathy at class or visit [www.dancingkathy.com](http://www.dancingkathy.com) for details.

Kathy will come to your home or office to teach and/or DJ at your next special event! She is also a state certified Massage Therapist with over 19 years of clinical and therapeutic experience. Mention this schedule and receive \$15 off your first massage or reflexology session!

As an established Avon representative of over 31 years, Kathy offers value and quality on your beauty and gift needs. You can view the current brochure and place an order at [www.youravon.com/kathleenbailey](http://www.youravon.com/kathleenbailey).

Finally, her love of sewing brings the newest Wine Knot collection to life! See samples of her wine and water bags and pockets (coasters that stay on your wine glass) at [www.dancingkathy.com/wineknot](http://www.dancingkathy.com/wineknot).

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