

KATHY BAILEY CLASS SCHEDULE

(805)496-1529

www.dancingkathy.com

MONDAYS ON ZOOM

6 weeks for \$36

10:30-11:20 p.m. Stretch, Tone & Balance - *Get fit with elements of Yoga, Pilates and standing poses while working at your own pace. Have ready a yoga mat, sturdy chair and a pair of 1-3 lb hand weights. Register by sending your class fees via Venmo @kathy-bailey-44 or Zelle (805-496-1529).*

TUESDAYS IN PERSON

7 weeks for \$59

7:15-8:30 p.m. Line Dance Party – *The most fun you'll have with your boots on! Learn mixed level dances done to various genres of music. All levels welcome. Register through CRPD.org or at class location Conejo Community Center, 1175 Hendrix Avenue, Thousand Oaks. Phone: 805-495-2163.*

WEDNESDAYS IN PERSON

7 weeks for \$52

1:15-2:10 p.m. Stretch, Tone & Balance – *Get fit with elements of Yoga, Pilates and standing poses while working at your own pace. Have ready a yoga mat, sturdy chair and a pair of 1-3 lb hand weights. Register through CRPD.org or at class location: Goebel Adult Center, 1385 E. Janss Rd., Thousand Oaks. Phone: 805-371-2744.*

2:30-3:25 p.m. Beginning Line Dancing – *Learn easy level line dances and have fun while exercising your body and mind. No experience or partner required. Register through CRPD.org or at class location: Goebel Adult Center, 1385 Janss Rd., Thousand Oaks. Phone: 805-371-2744.*

For Monday Zoom class, please register by sending your class fees to either Venmo @kathy-bailey-44 or Zelle (805)496-1529 and include the first class date you are signing up for, your email address and cell phone number.

Be sure to confirm your class for start dates and minimum enrollment before attending.

Kathy will come to your home or office to teach and/or DJ at your next special event! She is also a state certified Massage Therapist with over 24 years of clinical and therapeutic experience. Mention this schedule and receive \$15 off your first massage or reflexology session!

As an established Avon representative of over 36 years, Kathy offers value and quality on your beauty and gift needs. You can view the current brochure and place an order at www.youravon.com/kathleenbailey.

Finally, her love of sewing brings Denim and cotton face masks to her existing Wine Knot collection! See samples of her masks, wine and water bags and pockets (coasters that stay on your wine glass) at www.dancingkathy.com/wineknot.

