

KATHY BAILEY
CLASS SCHEDULE

(805)496-1529
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Kathy@DancingKathy.com

TUESDAY NIGHTS (3/24-5/12)

8 weeks for \$83

6:45-8:00p.m. Line Dance Party

This is the most fun you'll have with your boots on! Learn mixed level dances done to various genres of music. All levels welcome and no partner needed. Includes review time and digital step sheets. Register through CRPD.org or at class location Conejo Community Center, 1175 Hendrix Avenue, Thousand Oaks. Phone: 805-495-2163.

WEDNESDAY AFTERNOONS (3/25-5/13)

8 weeks for \$75

1:15-2:10p.m. Stretch, Tone & Balance – *Get fit with elements of Yoga, Pilates and standing poses while working at your own pace. Bring a yoga mat, water and a pair of 1-3 lb hand weights. Yoga blocks and resistance bands are helpful, but not mandatory.*

2:15-3:10p.m. Beginning Line Dancing – *Learn easy level dances, have fun and meet new people. Includes review time and digital step sheets. No experience or partner required. Smooth soled shoes recommended or you can purchase foot socks at class for \$5/pair. Register through CRPD.org or at class location Goebel Adult Center, 1385 E. Janss Road, Thousand Oaks. Phone: 805-381-2744.*

WEDNESDAY NIGHTS AT BORCHARD (3/25-5/6) *no class 4/8*

6 weeks/\$57

6:45-7:40p.m. Beginning Line Dancing – *Learn easy level dances, have fun and meet new people. No experience or partner required. Smooth soled shoes recommended or you can purchase foot socks at class for \$5/pair. Includes review time and digital step sheets.*

7:45-8:40p.m. Intermediate+ Line Dancing – *Challenge your mind and body with upper level dances. Please have previous line dance experience and/or completed two or more sessions of beginning level. Register through CRPD.org or at class location Borchard Community Center, 190 N. Reino Rd, Newbury Park. Phone: 805-381-2791.*

Line Dancing at the House of Dance in Ventura - April 11. *Wood floor, great sound, plenty of space and just the nicest people! Tell your friends! Intro to basics at 2:15; workshop 3-4 dances from 2:30-4:30pm with a short break in between. Bring your own water & snacks. 3007 Bunsen Avenue, Ventura. Call or text Patricia to reserve your spot at 805-650-2719.*

Kathy will come to your home or office to teach and/or DJ at your next special event! She is proficient in all dance styles including Country, Swing, Latin, Ballroom and wedding dances.

She is also a state **Certified Massage Therapist** with over 29 years of clinical and therapeutic experience. Mention this schedule and receive \$15 off your first massage or reflexology session!

As an established Avon representative of over 40 years, Kathy offers value and quality on your beauty and gift needs. You can view the current brochure and place an order by emailing Kathy or online at www.youravon.com/kathleenbailey.