

KATHY BAILEY
CLASS SCHEDULE

(805)496-1529
www.dancingkathy.com
Kathy@DancingKathy.com

TUESDAY NIGHTS (6/23-8/11)

8 weeks for \$83

6:45-8:00p.m. Line Dance Party

This is the most fun you'll have with your boots on! Learn mixed level dances done to various genres of music. All levels welcome and no partner needed. Includes review time and digital step sheets. Register through CRPD.org or at class location Conejo Community Center, 1175 Hendrix Avenue, Thousand Oaks. Phone: 805-495-2163.

WEDNESDAY AFTERNOONS (6/24-8/12)

8 weeks for \$75

1:15-2:10p.m. Stretch, Tone & Balance – *Get fit with elements of Yoga, Pilates and standing poses while working at your own pace. Bring a yoga mat, water and a pair of 1-3 lb hand weights. Yoga blocks and resistance bands are helpful, but not mandatory.*

2:15-3:10p.m. Beginning Line Dancing – *Learn easy level dances, have fun and meet new people. Includes review time and digital step sheets. No experience or partner required. Smooth soled shoes recommended or you can purchase foot socks at class for \$5/pair.*

3:15-4:10p.m. West Coast Swing, Beginning – *Learn California's State Dance and enjoy a variety of music. No experience or partner required. Register through CRPD.org or at class location Goebel Adult Center, 1385 E. Janss Road, Thousand Oaks. Phone: 805-381-2744.*

Line Dancing at the House of Dance in Ventura – May 30. *Wood floor, great sound, plenty of space and just the nicest people! Tell your friends! Intro to basics at 2:30; learn 3-4 dances from 2:45-4:45pm with a short break in between. Dress comfortably, bring your own water & snacks. 3007 Bunsen Avenue, Ventura. Call or text Patricia to reserve your spot at 805-650-2719.*

Kathy will come to your home or office to teach and/or DJ at your next special event! She is proficient in all dance styles including Country, Swing, Latin, Ballroom and wedding dances.

She is also a state **Certified Massage Therapist** with over 29 years of clinical and therapeutic experience. Mention this schedule and receive \$15 off your first massage or reflexology session!

As an established Avon representative of over 40 years, Kathy offers value and quality on your beauty and gift needs. You can view the current brochure and place an order by emailing Kathy or online at www.youravon.com/kathleenbailey.